

The historical spots such as Tsurugajo Castle give the former castle town of Aizu-Wakamatsu an olde-worlde feel. Take part in a sake brewery tour or try your hand at making your traditional crafts during your time here.



**Tsurugajo Castle** Aizu-Wakamatsu City

The remains of one of the most famous castles in Tohoku are now preserved as Tsurugajo Castle Park. The interior of the castle is now a local history museum where you can take your time to learn about Aizu's past.

Access: 20 min by bus from Aizuwakamatsu Sta. on the JR Ban'etsu West Line. By Car: 15 min from Aizuwakamatsu I.C. on the Ban'etsu Expressway  
Business Hours: 8:30 am - 5 pm (Last entry at 4:30pm)  
Mapcode: 97 262 129\*12  
<http://www.tsurugajo.com/language/eng/>



**Rinkaku Tea Room - Japanese Matcha Experience** Aizu-Wakamatsu City

At the Rinkaku Tea Room, located in Tsurugajo Castle Park, enjoy drinking matcha green tea while taking in the scenery offered by the gardens.

Business Hours: 8:30 am - 5 pm  
<http://www.tsurugajo.com/language/eng/>



**Tsurugajo Kaikan Kimono Experience** Aizu-Wakamatsu City

Why not take a stroll around the castle town in a kimono and enjoy a meal? There is a wealth of variety available including yukatas and kimonos made of Aizu cotton, and you can enjoy a fulfilling tourist plan in every season.

Access: 15 min by bus from Aizuwakamatsu Sta. on the JR Ban'etsu West Line. By Car: 15 min from the Aizuwakamatsu I.C. on the Ban'etsu Expressway  
Rental Desk Hours: 9:30 am - 2 pm  
Mapcode: 97 262 336\*34  
<https://aizu-kimono-rental-tsuruga.com/english/>



**Nanukamachi-dori Street** Aizu-Wakamatsu City

Hundreds of years ago, a main highway ran through this street, which bustled with inns and restaurants. Now, the street is popular for its olde-worlde atmosphere that remains from the romanticism of the Taisho period.

Access: Short walk from Nanukamachi Sta. on the JR Tadami Line. By Car: 10 min drive from the Aizuwakamatsu I.C. on the Ban'etsu Expressway  
Mapcode: 97 290 626\*33 <http://nanuka-machi.jp/en/>



**Suehiro Sake Brewery Kaeigura** Aizu-Wakamatsu City

At this brewery with ties to renowned scientist Hideyo Noguchi, you can learn the process by which sake is brewed. There is also a café that serves sweets made using Japanese sake.

Access: 10 min by bus from Aizuwakamatsu Sta. on the JR Ban'etsu West Line. By Car: 15 min from the Aizuwakamatsu I.C. on the Ban'etsu Expressway  
Business Hours: 9 am - 5 pm Mapcode: 97 291 334\*40  
<https://aizuwakamatsu.mylocal.jp/trip/en/>

**Aizu Cuisine**

From the best known local dishes of the region, such as Kozuyu soup and herring pickled in sansho pepper, to Dengaku (skewers of vegetables and tofu which have been dipped in miso and baked) and Sauce Katsudon (rice bowls topped with cabbage and cutlets glazed with brown sauce), there is a huge variety of local Aizu foods to enjoy.



Sauce Katsudon



Dengaku



Wappa Meshi: Traditional delicacy from the Aizu Region, featuring rice with various toppings steamed and served in round bamboo boxes.



**Tsurugajo Kaikan Akabeko Painting Experience** Aizu-Wakamatsu City

Akabeko is a symbol of Aizu that brings good fortune. They have long been celebrated as traditional Aizu crafts. The Akabeko painting experience at Tsurugajo Kaikan is particularly popular.

Access: 15 min by bus from Aizuwakamatsu Sta. on the JR Ban'etsu West Line. By Car: 15 min from the Aizuwakamatsu I.C. on the Ban'etsu Expressway  
Mapcode: 97 262 336\*34

**Experience the culture of a genuine samurai school!**

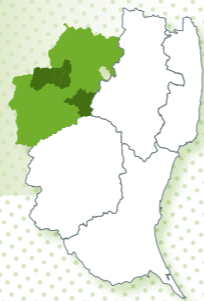
**Aizu Clan School Nisshinkan** Aizu-Wakamatsu City

Try out Zen meditation, tea ceremony, and Japanese archery at this school that was attended by the disciples of the Aizu clan's samurai during the Edo Period. The school allows you an up-close look at samurai culture.

Access: 30 min by bus from Aizuwakamatsu Sta. on the JR Ban'etsu West Line. By Car: 5 min from the Bandai Kawahigashi I.C. on the Ban'etsu Expressway  
Business Hours: 9 am - 5 pm (Last Entrance: 4 pm)  
Mapcode: 97 503 561\*4  
<https://aizuwakamatsu.mylocal.jp/trip/en/>



The area is dotted with photogenic spots admired by both local and overseas visitors, including a post town with streets lined with thatched-roof houses, local trains whose passing reflection in the surface of the water changes with the seasons, and atmospheric hand-rowed boats.



**Ouchi-juku** Shimogo Town

The thatched-roof houses still line the streets of this post-town, which is located along an old highway that has connected Nikko and Aizu since the Edo Period. The atmosphere here will make you feel as if you have slipped back in time.

Access: 10 min by taxi from Yunokami Onsen Sta. on the Aizu Railway Line.  
By Car: 60 min from Shirakawa I.C. on the Tohoku Expressway  
Mapcode: 433 583 590\*36

**Ouchi-juku Snow Festival**

Date Held 2nd weekend of February

Many events are held during the Snow Festival, which is held annually in February. The snow lanterns gently illuminate the streets and fireworks brilliantly adorn the winter night sky.



**Ouchi-juku Cuisine**

Try Negisoba (soba eaten with one long leek instead of chopsticks) and Shingoro Mochi (rice that has been mashed, put on a skewer, and grilled with junen-miso paste).



Negisoba



Shingoro Mochi

**Popular View Point**



**Tadami River Bridge No.1 Viewpoint** Mishima Town

The scenery that changes with the seasons, and the Tadami Line reflected on the surface of the river are whimsical sites and known as popular viewing spots among the large numbers of both Japanese and overseas visitors.

Access: 5 min by bus from Aizumiyashita Sta. on the JR Tadami Line (one bus per day). By Car: 20 min from Aizubange I.C. on the Ban'etsu Expressway  
Mapcode: 397 230 028\*62 <http://www.mishima-kankou.net/20160129-2/>



**Mugenkyo no Watashi River Crossing**

Kaneyama Town / Mishima Town **Reservation Required**

Days of Operation Late April to Mid-November

The journey in this hand-rowed boat through the mist-enveloped river is like a dream. Travel beyond space and time to visit Japan's ancient landscapes.

Access: 15 min on foot from Hayato Sta. on the JR Tadami Line. By Car: 25 min from Aizubange I.C. on the Ban'etsu Expressway  
Mapcode: 397 161 372\*28  
<http://www.kaneyama-kankou.ne.jp/en/>

Yanaizu's Sauce Katsudon



**Hotto in Yanaizu** Yanaizu Town **Reservation Required**

Hotto in Yanaizu stands adjacent to the Michi-no-Eki Roadside Station. Visitors can try making their own Awamanju sweet buns, or painting an Akabeko. Make sure to try Yanaizu's original Sauce Katsudon during your visit. Groups welcome.

Access: 20 min on foot from Aizuyanaizu Sta. on the JR Tadami Line. By Car: 10 min from the Aizubange I.C. on the Ban'etsu Expressway  
Business Hours: 9 am - 6 pm  
Mapcode: 397 417 095\*77



**Enzoji Temple** Yanaizu Town

One of three great Japanese Kokuzo Bodhisattvas temples, it boasts 1200 years of history. This temple, which is the birthplace of the legendary Akabeko red cow, is famous for its autumnal leaves.

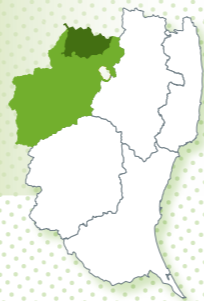
Access: 10 min on foot from Aizuyanaizu Sta. on the JR Tadami Line. By Car: 10 min from the Aizubange I.C. on the Ban'etsu Expressway  
Mapcode: 397 417 550\*71

**Ouchi-juku MAP**

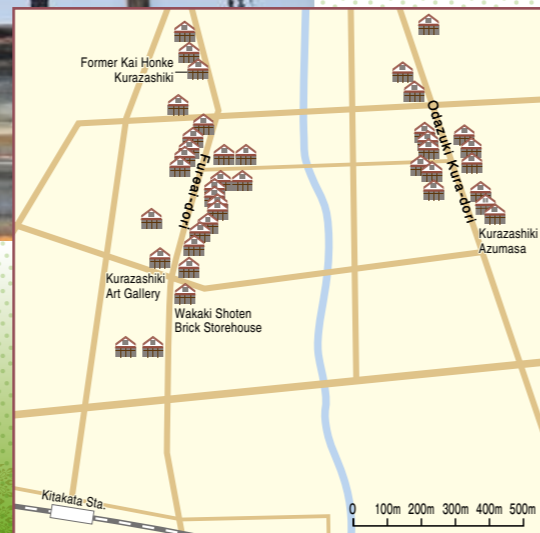
Business Hours: 8 am - 5 pm  
(From Nov. to Mar.: 8 am - 4 pm)  
Please note some shops close during the winter

1 Asanuma (Ogiya-bunke)	6 Yoshidaya	14 Matsukawaya
2 Nakaya	7 Yamadaya	15 Matsumotoya
3 Katoya	8 Minoya (Bunke)	16 Honke Ogiya
4 Masuya	9 Tamakiya	17 Minatoya
5 Kanoya	10 Yamagataya	18 Iseya
	11 Minatokawaya	19 Yorozuya
	12 Daikokuya	20 Nansenin-honke
	13 Ebisuya (Bunke)	21 Ogiya (Bunke)
		22 Matsumiya
		23 Misawaya
		24 Misawaya Tea Rooms
		25 Tamaya (Bunke)
		26 Nansenin (Bunke)
		27 Nansenin (Bunke)
		28 Ouchi-juku Tourist Information Center
		29 Komeya
		30 Shinkomeya
44 Ebisuya	38 Komeya	31 Yoshimiya
45 Tamakawaya	39 Yamamotoya	32 Wakamatsuya
46 Ouchi-juku Town Museum	40 Ogiya (Bunke)	33 Ogiya (Bunke)
47 Matsubaya	41 Tomiya (Waki-honjin)	34 Ogiya (Bunke)
48 Yamatoya	42 Fujiya	35 Shin-Fujiya
49 Ishiharaya (Waki-honjin)	43 Komeya (Bunke)	36 Izumiya
50 Honke Tamaya		37 Itoya
51 Minoya		
52 Kanoya (Bunke)		

Kitakata City is known for its storehouses and ramen, while Kitashiobara area boasts a varied selection of beautiful ponds and lakes against picturesque scenery. There is plenty to do in both areas, including a variety of outdoor activities to help you unwind in nature.



**Kitakata Storehouse MAP**



**Kitakata - Japanese Storehouses Galore** Kitakata City

More than 4,000 storehouses, including sake breweries and miso paste storehouses, still stand in Kitakata City, and are still used in the daily lives of its people. Taking a stroll through the city, you will find storehouses with a retro atmosphere dotted throughout. You can even take a tour at some of them.

Access: Alight from the JR Ban'etsu West Line at Kitakata Sta.

**There is so much to see in this city with its retro cityscape.**



**Sannokura Highlands Sunflower Fields** Kitakata City

From early August until early September, roughly 2 million sunflowers bloom on the slopes of Sannokura Ski Resort. The yellow canola flowers that bloom in spring are also a sight to behold.

Access: 30 min by car or taxi from Kitakata Sta. on the JR Ban'etsu West Line. By Car: 50 min from the Aizuwakamatsu I.C. on the Ban'etsu Expressway  
Mapcode: 674 299 492\*61

**Best Season**

- (Sunflowers) Early August - Early September
- (Canola Flowers) Mid-May - Early June

**Kitakata Cuisine**



**Kitakata Ramen**

Kitakata Ramen is one of Japan's three famous ramen. It is characterized by its curly noodles and soy sauce-base soup. You can even have it for breakfast at some shops. Burgers and pizza inspired by this ramen are also popular.

Try soft-serve ice cream made using Aizu-grown peanuts!



**Peanut soft-serve ice cream**

Access: 5 min on foot from Kitakata Sta. on the JR Ban'etsu West Line. By Car: 25 min from the Aizuwakamatsu I.C. on the Ban'etsu Expressway  
Mapcode: 97 824 160\*15

**Bandai-Azuma Lakeline**

Inawashiro Town / Kitashiobara Village



This sightseeing road has a viewpoint that gives you a view of Lake Akimoto, Lake Onogawa, and Lake Hibara from one spot. The Nakatsugawa Valley is a particular highlight for enjoying autumn leaves and the beauty of the valley.

Access: 30 min by car from the Inawashiro Bandaikogen I.C. on the Ban'etsu Expressway  
Mapcode: 413 596 568\*37



**Bandaisan Goldline**

Bandai Town / Kitashiobara Village



A number of small and large ponds and lakes are scattered along the sightseeing road that connects Aizu and Urabandai. Enjoy the great outdoors along its trekking routes and sightseeing paths.

Access: 20 min by car from the Bandai Kawahigashi I.C. on the Ban'etsu Expressway  
Mapcode: 413 288 257\*12

**Morohashi Museum of Modern Art** Kitashiobara Village

This art museum displays the works of Impressionist and Surrealist artists, with a special focus on those of Salvador Dali. It is known for being the only art museum in Asia with a permanent Dali exhibition.

Access: 25 min by bus from Inawashiro Sta. on the JR Ban'etsu West Line. By Car: 20 min from the Inawashiro Bandaikogen I.C. on the Ban'etsu Expressway  
Business Hours (Late Apr. - Late Nov.): 9:30 am - 5:30 pm\*  
\*Open until 5 pm in November. (Entrance is permitted until 30 min prior to closing)  
Mapcode: 413 566 141\*17  
<https://dali.jp/en/>



**Goshikinuma Ponds Nature Trail** Kitashiobara Village



8 ponds are scattered along this trail - the most popular hiking course in Urabandai. Take in the mystical scenery and the different colors of the ponds that change depending on season and weather.

Access: 35 min by bus from Inawashiro Sta. on the JR Ban'etsu West Line. By Car: 25 min from the Inawashiro Bandaikogen I.C. on the Ban'etsu Expressway  
Mapcode: 413 566 311\*67  
<http://www.urabandai-inf.com/en/>

**Plenty of activities for enjoying nature to the full!**



**Lake Inawashiro Water Sports**

Inawashiro Town / Aizu-Wakamatsu City / Koriyama City

Japan's fourth largest lake, Lake Inawashiro is known as the "Heavenly Mirror Lake" for its transparent waters. A variety of leisure activities, such as swimming, marine sports, and pleasure cruising, can also be enjoyed here.

Mapcode: 377 272 622\*13  
<http://www.bandaisan.or.jp/lb/en/>



**Cycling around Lake Hibara**

Kitashiobara Village

Cycling around the circumference of Lake Hibara (around 31 km) while feeling the highland breeze is popular among visitors. Bicycles can be rented from hotels and other facilities.

Mapcode: 413 562 235\*16  
<https://www.urabandai-inf.com/en/>



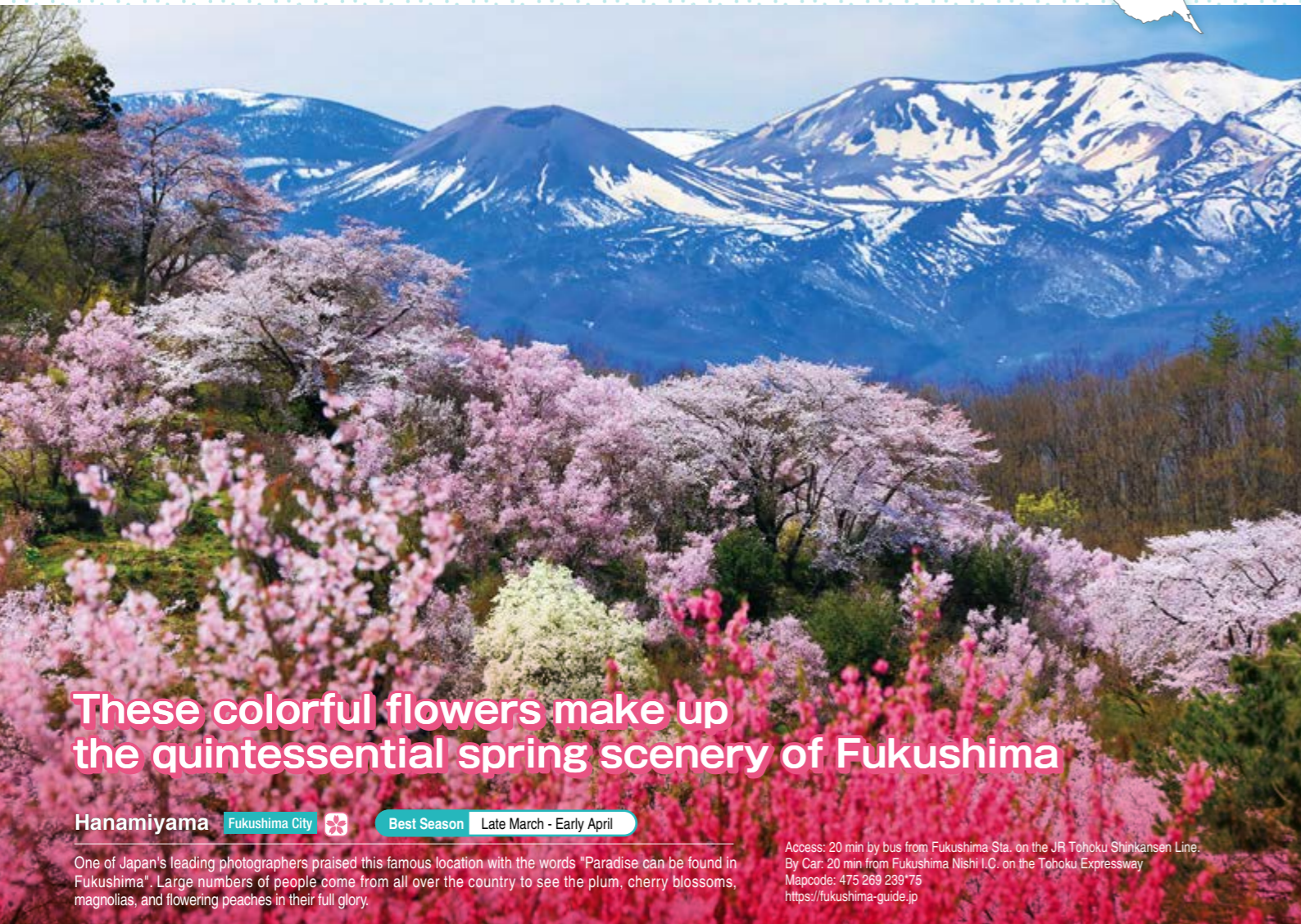
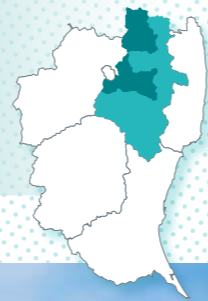
**Winter Sports**

Kitashiobara Village / Inawashiro Town / Bandai Town

Enjoy winter sports such as skiing and snowboarding in addition to nature skiing, backcountry skiing, and snowshoe trekking.

<https://www.aizuski.jp>

Hanamiyama is just one of the famous scenic spots of Nakadori Area. It is so picturesque that it has been referred to as a floral paradise. Other highlights include eating fresh fruit you pick straight from the tree, and other trips which introduce you to local history and tradition.



**These colorful flowers make up the quintessential spring scenery of Fukushima**

**Hanamiyama** Fukushima City **Best Season** Late March - Early April

One of Japan's leading photographers praised this famous location with the words "Paradise can be found in Fukushima". Large numbers of people come from all over the country to see the plum, cherry blossoms, magnolias, and flowering peaches in their full glory.

Access: 20 min by bus from Fukushima Sta. on the JR Tohoku Shinkansen Line. By Car: 20 min from Fukushima Nishi I.C. on the Tohoku Expressway  
Mapcode: 475 269 239 75  
<https://fukushima-guide.jp>

**Fruit-Picking** Fukushima City

Along the road running through the suburbs of Fukushima City known as "Fruit Line", visitors can pick cherries, peaches, pears, grapes, and apples. Don't miss out on the delicious taste of fresh-picked fruit!

Mapcode: 76 216 158\*02  
<https://fukushima-guide.jp>



Japanese Pear



**Fruit Harvest Calendar**

Jun	Jul	Aug	Sep	Oct	Nov
Cherries					
		Peaches			
			Grapes		
				Japanese Pears	
					Apples



**Tsuchiyu Onsen** Fukushima City

This onsen town has more than 10 types of hot springs and more than 1400 years of history. It is also known for being home to one of the three most famous types of kokeshi dolls.

Access: 40 min by bus from Fukushima Sta. on the JR Tohoku Shinkansen. By Car: 15 min from Fukushima Nishi I.C. on the Tohoku Expressway  
Mapcode: 475 039 522\*33 <http://www.tcy.jp/en/>



**Kokeshi Painting Experience** Fukushima City

Experience painting your own Tsuchiyu kokeshi doll at Yume Butai (Tsuchiyu Onsen Tourism Center) which opened in 2019.

Access: 40 min by bus from Fukushima Sta. on the JR Tohoku Shinkansen. By Car: 20 min from Fukushima Nishi I.C. on the Tohoku Expressway  
Business Hours: 9 am - 6 pm  
Mapcode: 475 039 537\*60



**Bandai-Azuma Skyline** Fukushima City

This mountain road stretches for 29 km connecting Takayu Onsen and Tsuchiyu Toge Pass. The road that is said to "run through the sky" seems to weave through the mountain, and it is known as a scenic spot for viewing autumnal leaves.

Access to Jododaira: 60 min by car from Fukushima Nishi I.C. on the Tohoku Expressway  
Mapcode: 475 181 457\*55 <https://fukushima-guide.jp>

**Hanamomo no Sato** Fukushima City

**Best Season** Early April - Early May

Approximately 300 flowering peach stems have been gathered from around the world and planted here where they bloom in a variety of colors from early April to early May.

Access: 15 min by taxi from Iizaka Onsen Sta. on the Fukushima Kotsu Iizaka Line. By Car: 15 min from Fukushima Iizaka I.C. on the Tohoku Expressway  
Mapcode: 76 278 549\*63  
<http://iizaka.info/sightseeing-spots/>



**Nakano Fudosen Temple** Fukushima City

This sacred place, where many people have come to worship since ancient times, is said to ward off evil and help in avoiding hardships.

Access: 25 min by bus from Fukushima Sta. on the JR Tohoku Shinkansen Line. By Car: 10 min from Fukushima Iizaka I.C. on the Tohoku Expressway  
Business Hours: 8:30 am - 5 pm (Mid-Oct. - Dec.: 8:30 am - 4 pm)  
Mapcode: 76 245 576\*60  
<http://iizaka.info/sightseeing-spots/>



**Takashiba Dekoyashiki** Koriyama City

4 residences-turned-craft-workshops, known for being the first place to create the Mihar-goma decorative items and other papier-mâché crafts from Mihar Town. These residences continue to preserve tradition and create a variety of new products. Try painting your own traditional crafts here.

Access: 5 min by car from Mihar Sta. on the JR Ban'etsu East Line. By Car: 10 min from Koriyama Higashi I.C. on the Ban'etsu Expressway  
Mapcode: 129 130 785\*53

**Commutan Fukushima** Mihar Town

Learn all about the current situation of Fukushima's environment, and how it has changed. Displays on nuclear radiation and the current state of Fukushima's environment, as well as events such as science shows, will ensure you are well-informed. If you reserve in advance, an English-speaking guide can join you during your visit.

Access: 15 min by bus from Mihar Sta. on the JR Ban'etsu East Line. By Car: 5 min from Funehiki-Mihar I.C. on the Ban'etsu Expressway  
Business Hours: 9 am - 5 pm  
Mapcode: 129 047 742\*18  
<https://www.fukushima-kankyosozo.jp/eng/index.html>



The castle towns of Nihonmatsu and Shirakawa, home to Kasumigajo Castle and Komine Castle respectively, have many famous confections and traditional crafts which have been handed down for generations. These cities have their own unique culture and stunning natural scenery which can be enjoyed year-round.



**Mt. Adataro Ropeway** Nihonmatsu City

A 10-minute aerial ride on the ropeway will take you to Mt. Adataro's 8th station and hiking trailhead. In autumn, you can look down upon a majestic view of the autumnal leaves and experience the "real sky", which has been praised in Japanese poetry.

Access: 50 min by bus from Nihonmatsu Sta. on the JR Tohoku Main Line.  
By Car: 25 min from Nihonmatsu I.C. on the Tohoku Expressway  
Mapcode: 377 744 339\*74



**Gaze up at "the real sky" praised in poetry**



**Kasumigajo Park** Nihonmatsu City

The castle once maintained by the first feudal lord of Nihonmatsu is now a prefectural park and famous viewing spot for cherry blossoms in spring. It also acts as a venue for the local Chrysanthemum Doll festival in fall.

Access: 20 min on foot from Nihonmatsu Sta. on the JR Tohoku Main Line.  
By Car: 5 min from Nihonmatsu I.C. on the Tohoku Expressway  
Mapcode: 129 636 597\*11

**Dake Onsen**

Nihonmatsu City

Dake Onsen, which is unusual for the slightly acidic nature of its hot spring waters, boasts over 1000 years. The hot spring water is gentle and soft, and is known for its beautifying effects on the skin. It is thought to be effective for soothing skin conditions.

Access: 20 min by car from Nihonmatsu Sta. on the JR Tohoku Main Line. By Car: 15 min from Nihonmatsu I.C. on the Tohoku Expressway  
Mapcode: 377 688 333\*73  
<http://www.dakeonsen.or.jp/en/>



**Reflections of fall leaves and surrounding landscapes on the lake's surface are beautiful.**

**Nanko Park** Shirakawa City

This park was made more than 300 years ago and is said to be the oldest public park in Japan. Nanko Park has around 800 cherry blossom trees and also boasts trees changing leaves in the autumn. It maintains its elegant appearance throughout the seasons of the year.

Access: 10 min by bus from Shirakawa Sta. on the JR Tohoku Shinkansen Line. By Car: 15 min from Shirakawa I.C. on the Tohoku Expressway  
Mapcode: 203 416 010\*75



**Suirakuen Garden** Shirakawa City

Enjoy tea in the teahouse with a view of the lake and mountains, located in the Japanese garden within Nanko Park.

Access: 10 min by bus from Shirakawa Sta. on the JR Tohoku Shinkansen Line. By Car: 15 min from Shirakawa I.C. on the Tohoku Expressway  
Business Hours: 9 am - 5 pm (Dec. - Mar.: 9 am - 4:30 pm)  
Mapcode: 203 416 045\*15



**Shirakawa Ramen**

The popularity of this ramen gives Kitakata Ramen a run for its money. Shirakawa City is home to more than 100 shops specializing in Shirakawa Ramen, which is known for its crimped noodles and the light flavor of its soy sauce-based broth.

**Shirakawa Cuisine**

The castle town of Shirakawa has many Japanese confectionaries with famous sweets, such as dango (sweet rice dumpling), that continue to be passed down from generation to generation.



**Shirakawa Daruma Painting Experience** Shirakawa City

Shirakawa Daruma have a history of 300 years. Their eyebrows are shaped like cranes, their mustaches are turtles, their beards are pine trees, and their ears are plum trees. All of these things are symbols of good luck - making Shirakawa Daruma good luck charms. Paint your own daruma at one of two workshops in the city.

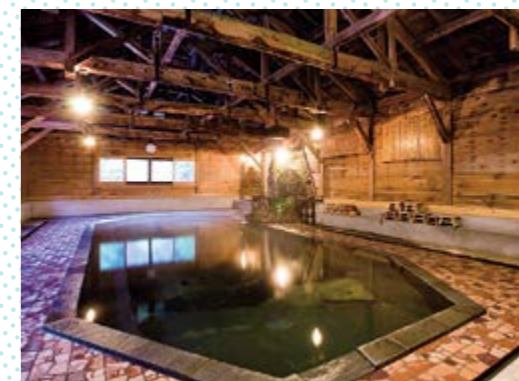
/Sagawa Daruma Seizosho/ Business Hours: 8:30 am - 7 pm  
/Watanabe Daruma Shop/ Business Hours: 10 am - 5 pm  
Access: 10 min by taxi from Shirakawa Sta. on the JR Tohoku Shinkansen. By Car: 10 min from Shirakawa I.C. on the Tohoku Expressway  
Mapcode: 203 476 021\*72

**Kashi Onsen**

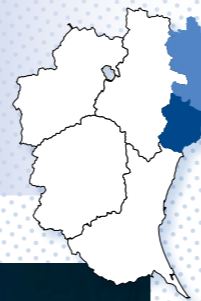
Nishigo Village

This secluded hot spring has a history of more than 600 years since its founding. The sole ryokan of Kashi Onsen was a favorite of the Shirakawa feudal lord. Do visit in fall, when the entire mountain is covered in brilliant colors.

Access: 40 min by bus from Shirakawa Sta. on the JR Tohoku Shinkansen. By Car: 40 min from Shirakawa I.C. on the Tohoku Expressway  
Business Hours: 10 am - 3 pm (Dec. - Mar.: Closed on Wednesdays)  
Mapcode: 433 059 339\*14



The Iwaki area, which sits along the Pacific coast, has a wealth of leisure facilities that make use of the great volume of hot spring water, an aquarium, and restaurants where you can enjoy fresh seafood.



**Aquamarine Fukushima (Fukushima Ocean Science Museum)** Iwaki City

An aquarium themed on the Pacific tide. It has exhibits replicating the ecosystems of the seas, mountains, and lakes in Fukushima, one of the world's largest touch pools, where you can interact with the creatures found in the ocean, and a display of coelacanth specimens among a variety of other available experiences.

Access: 15 min by bus from Izumi Sta. on the JR Joban Line.  
By Car: 20 min from Iwaki-Yumoto I.C. on the Joban Expressway  
Business Hours: 9 am - 5:30 pm (Dec. until mid-Mar.: 9 am - 5 pm)  
Mapcode: 82 078 707\*66  
<https://www.aquamarine.or.jp>



The giant, arch-shaped tank full of schools of fish is the highlight of this aquarium.

Enjoy summer year-round at this hot spring leisure facility.



**Iwaki Yumoto Onsen** Iwaki City

This onsen town has over 1000 years of history and is rare in that the onsen water has mixed hot spring sources. The "Bijin no Yu" bath is said to have skin beautifying properties.

Access: Alight at Yumoto Sta. on the JR Joban Line. By Car: 10 min from Iwaki-Yumoto I.C. on the Joban Expressway  
Mapcode: 82 311 418\*33 <https://kankou-iwaki.com>



**Spa Resort Hawaiians** Iwaki City

Step into summer at any time of year here, where onsen waters are used to maintain the temperature of this domed facility at 28 degrees. 6 theme parks are located within Spa Resort Hawaiians, and the hula show and water park are two of the facility's main attractions.

Access: 15 min by bus from Yumoto Sta. on the JR Joban Line. By Car: 3 min from Iwaki-Yumoto I.C. on the Joban Expressway  
Business Hours: 10 am - 10:15 pm (Open from 9 am\* on Sat., Sun., and Public Holidays. \* Subject to change depending on the season.)  
Mapcode: 82 248 819\*58 <https://www.hawaiians.co.jp/english/>



**Iwaki City Coal and Fossil Museum** Horuru Iwaki City

Features exhibitions on the history of the Joban Coal Mines of Iwaki, and displays of fossils discovered in the city. At the entrance, you will be greeted by the Futabasaurus Suzukii fossil discovered in Iwaki City.

Access: 10 min on foot from Yumoto Sta. on the JR Joban Line. By Car: 10 min from Iwaki-Yumoto I.C. on the Joban Expressway  
Business Hours: 9 am - 5 pm  
Mapcode: 82 342 126\*61  
<https://kankou-iwaki.com>



**Wonder Farm** Iwaki City

Whether it's by picking tomatoes, having a BBQ outdoors, or eating a buffet lunch including dishes made using freshly-picked tomatoes, enjoy nature to the full at Wonder Farm.

Access: 15 min by car or taxi from Yotsukura Sta. on the JR Joban Line. By Car: 3 min from Iwaki-Yotsukura I.C. on the Joban Expressway  
Mapcode: 82 744 480\*30

**Michi-no-Eki Yotsukurakou (Roadside Rest Area)**

Enjoy a variety of foods, including kamameshi dishes, sushi made with fresh fish, and an incredible, mega-sized seafood rice bowl.

Food Court Business Hours: 10 am - 6 pm (Nov. - Feb.: 10 am - 5 pm)  
Mapcode: 82 689 467\*27



**Halal Shokudo**

A restaurant featuring halal dishes. There is also an adjacent prayer room.

Access: 5 min on foot from Yumoto Sta. on the JR Joban Line. By car: 10 min from Iwaki-Yumoto I.C. on the Joban Expressway  
Business Hours: 11 am - 7:30 pm (Sat. and Sun.: 11 am - 2 pm)  
Mapcode: 82 312 542\*73  
<http://www.halal-iwaki.jp/english/>

**Mori-no-Kitchen**

At Wonder Farm, enjoy freshly-picked tomatoes, tomato curry, and brick-oven grilled pizza among the 40 dishes on the all-you-can-eat menu.

Access: 15 min by car or taxi from Yotsukura Sta. on the JR Joban Line. By Car: 3 min from Iwaki-Yotsukura I.C. on the Joban Expressway  
Business Hours: 11 am - 3 pm (Sat., Sun., and Public Holidays: 11 am - 3:30 pm)  
Mapcode: 82 744 480\*30



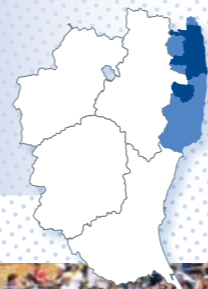
**Shiramizu Amidado Temple** Iwaki City

The main hall built at the end of the Heian period is the only building in the prefecture designated as a National Treasure. Its elegant appearance harmonizes with the surrounding Japanese garden.

Access: 18 min by bus and then 5 min on foot from Iwaki Sta. on the JR Joban Line. By car: 15 min from Iwaki-Yumoto I.C. on the Joban Expressway  
Business Hours: 8:30 am to 4 pm (Nov. - Mar.: 8:30 am to 3:30 pm)  
Mapcode: 82 430 026\*62 <https://kankou-iwaki.com>



Soso offers a number of places where visitors can experience samurai culture, such as Samurai Armor Experiences and attending the Soma Nomaoi festival, during which man and horse work together to win challenges. This area also has many spots for appreciating nature.



An exhilarating local festival that looks like a scene from a heroic picture scroll from the Warring States Period



**Soma Nomaoi Festival** Soma City / Minamisoma City

**Date Held** Last Sat., Sun., and Mon. of July

This traditional festival still lives on even after more than 1000 years. Horse-mounted samurai in full armor create a magnificent and heroic display in their procession weaving through the streets, the fervent armor-clad horse races, and heated competition over sacred flags all form a splendid and magnificent display of samurai culture.

Access: Shuttle bus is available from Haranomachi Sta. on the JR Joban Line (Only for the main festival held on Sunday).  
By Car: 15 min from Minamisoma I.C. on the Joban Expressway  
Mapcode: 208 145 463\*63  
<http://soma-nomaoi.jp/en/top-page/>

**Nakamura Castle Remains** Soma City

Home to Soma Nakamura Shrine, one of the venues for events held as part of Soma Nomaoi Festival. The Otemon gate of old remains standing today along with remnants of the stone walls, earthen walls, and moat.

Access: 15 min from Soma Sta. on the JR Joban Line. By Car: 10 min from Soma I.C. on the Joban Expressway  
Mapcode: 208 770 333\*12



**Nomaoi-dori Meijokan Samurai Armor Experience**

Minamisoma City Reservation Required

Try wearing samurai and foot soldier armor and experience the atmosphere of the Sengoku period.

Access: 15 min on foot from Haranomachi Sta. on the JR Joban Line. By Car: 10 min from Minamisoma I.C. on the Joban Expressway  
Business Hours: 9 am - 5 pm  
Mapcode: 208 205 521\*07



**Iwana-no-Sato** Kawauchi Village

Lodges designed like traditional houses, a watermill, Japanese garden - Iwana-no-Sato is very picturesque. You can catch iwana (char), grill it with salt, and enjoy it as part of a meal with soba noodles you prepare from scratch as part of their soba-making experience.

Access: 70 min by car from Iwaki Sta. on the JR Joban Line. By Car: 35 min from Joban-Tomioka I.C. on the Joban Expressway  
Business Hours (Restaurant): 11 am - 4 pm, (Fishing): 9 am - 4 pm  
Mapcode: 451 083 657\*53



**Michinoku Coastal Trail**

Soma City / Shinchi Town



This long trail stretches along the coast of the Pacific Ocean from Hachinohe City in Aomori Prefecture to Soma City in Fukushima Prefecture. Within the prefecture, the trail includes the Shinchi Town route which takes you up Mt. Karosan, and from its summit you can see Matsukawaura, and if the weather is good, as far as Mt. Kinka. And the Soma City Route which allows you to experience the history and culture of the city when it flourished as a castle town.

<http://tohoku.env.go.jp/mct/english/>

**Tenzan Bunko Museum** Kawauchi Village

The thatched-roof facility houses a library of roughly 3,000 books donated by the famed poet and honorary villager, Kusano Shinpei. There is a festival held in his honor every year in July.

Access: 60 min by car from Iwaki Sta. on the JR Joban Line. By Car: 20 min from Joban-Tomioka I.C. on the Joban Expressway  
Business Hours: 9 am - 4 pm  
Mapcode: 451 021 409\*66



**Soso Area Cuisine**

**Namie Yakisoba** (Namie Town)

This yakisoba is characterized by its simple ingredients of thick noodles, rich sauce, pork, and bean sprouts. This flavor, well-loved for more than 50 years, can be eaten at places such as Sedette Kashimaya, Michi-no-Eki Minamisoma (Roadside Rest Area), and Machi Nami Marché.



**Café Amazon** (Kawauchi Village)

The first of this popular Thai café to open in Japan. Enjoy coffee made from beans imported from Thailand at this café whose interior resembles a log cabin.

Access: 75 min by bus from Funehiki Sta. on the JR Ban'etsu East Line. By Car: 20 min from the Joban-Tomioka I.C. on the Joban Expressway  
Business Hours: 10 am - 7 pm  
Mapcode: 451 022 570\*56

